

## The Mays and Schnapp Pain Clinic and Rehabilitation Center's Interdisciplinary Pain Rehab Program

It has been well established in the scientific literature that an interdisciplinary pain rehabilitation program (IPRP) is the most efficacious medical treatment and the most cost effective course of action for patients with persistent chronic pain.\* What is not widely known is that Mid-South patients do not need to be sent to Minnesota or Florida to receive the specialized care an IPRP offers.

The Mays and Schnapp Pain Clinic and Rehabilitation Center has been certified by the Commission on Accreditation of Rehabilitation Facilities (CARF) for over 20 years in Outpatient IPRP. There are only 89 clinics so certified in the world. The Mays and Schnapp Pain Clinic, centrally located in the Mid-South, is the only CARF certified IPR programs within a 300 mile radius. Injured workers who suffer from chronic pain can receive world class treatment without leaving their loved ones or incurring the cost of long travel.

\* email us at [precert@maysandschnapp.com](mailto:precert@maysandschnapp.com) and we'll send you a citation list for your review

### Why choose IPRP?

Recognition of the importance in treating chronic pain has increased in the last 20 years. The ability to manage intractable chronic pain through the various specialties a patient may require, however, has remained challenging. CARF accreditation is evidence to stakeholders that the Mays and Schnapp Pain Clinic and Rehabilitation Center is committed to the continuing advancement of quality in service delivery, efficiency and financial responsibility.

Mays and Schnapp IPRP offers a single setting where all the difficult facets of intractable pain can be treated. Using a team approach, the program provides patients suffering from chronic pain with an intensive, interdisciplinary rehabilitative therapy all in one location. That treatment will include consultation with our doctors and psychologist, intensive physical therapy, medication review, interventional pain management and weekly meetings with the IPRP team. The program is tailored specifically to each patient, lasts 4 to 6 hours a day, five days a week, for up to four weeks.

Our goal is to restore hope and function to patients who have suffered from chronic pain. Most of our patients who successfully complete the program experience an improved quality of life. They report a return to the activities of daily living, a reduced dependence on medication and on the need for additional medical care, such as ER visits for the treatment of pain.

### Outcomes

In fact, our 2015 – 2017 IPRP outcomes show that, one month after completing the program

- ❖ 80% of our participants reported taking/resuming an active role outside the home
- ❖ 90% reported lower levels of pain
- ❖ 80% reported reduced discretionary use of healthcare resources for pain

### Who are we?

Kit Mays, M.D. and Moacir Schnapp, MD, Medical Directors of the Mays and Schnapp Pain Clinic and Rehabilitation Center, began practicing together in 1979. The field of pain management was just beginning to become one of recognized importance. Together, Dr. Mays and Dr. Schnapp have helped pioneer this vital specialty. The interdisciplinary pain rehabilitation program has developed out of the doctors' pioneering experience.

### Let's get started:

The program starts with a referral. Call us at 901-747-0040 and tell us you are interested in IPRP. We'll get one of the program coordinators on the line to start the process.