

The Doctor is in... *Good Health*

This Month We Recognize Pain Management Specialist Kit Mays, M.D.



KIT MAYS, M. D.

Kit Mays, M.D., an anesthesiologist, established the Mid-South's first pain clinic at the University of Tennessee in 1979. He is a founding partner of the Mays and Schnapp Pain Clinic and Rehabilitation Center. Dr. Mays is currently on staff at Baptist Memorial Hospital, as well as a consultant at several other Memphis hospitals. He graduated from Memphis State University and the University of Tennessee, Memphis, College of Medicine, where he is now clinical assistant professor. He is a fellow of the American College of Anesthesiology and a diplomate of the American Academy of Pain Management. Learn more at maysandschnapp.com.

Q & A WITH KIT MAYS, M.D.

Q Who is your role model?

A Robert Popper, M.D.

Q What motivates you?

A The love of Christ and the desire to please Him in all things.

Q How do you maintain a work/life balance?

A By daily honoring the commitments I've made to my patients, my partner, my family and the church.

Q What is your greatest accomplishment?

A I don't really think of accomplishments, only of that which is left to do.

Q What is your favorite quote or song lyric?

A "Every day we may see some new thing in Christ. His love hath neither brim nor bottom" Samuel Rutherford 1635

Q Finish this sentence – My Patients.....

A ...cause me to keep looking for innovative ways to care for them.

Q What is the most exciting medical breakthrough you've witnessed in your career?

A The mapping of the human genome in 2000.

Q Where do you see your specialty in 10 years?

A The advances being made in pain management are remarkable, but the need for caring physicians will persist.

Q How do you actively support the community?

A I serve on local boards in the community, I travel to Europe and Asia for ministry and medical mission work, I volunteer for medical care of the poor.

Q What is your Good Health advice?

A Don't give up, don't give in, don't quit.

NOMINATE YOUR DOCTOR

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